



نشرة الاتحاد العالمي للجمعيات الطبية الاسلامية

e-newsletter of Federation of Islamic Medical Associations



CIMCO & IHC hold annual meetings in Samarinda, Indonesia Indonesia

Volume 1, Issue 8, June-July 2010

Message From the President



President FIMA attended a special 'Informal Interactive Hearings of the UN General Assembly with NGO's, civil society organizations and private sector', in New York on June 14-15, 2010. In order to provide input to the preparatory process for the 'MGD summit', a high-level plenary meeting on 20-22 September 2010, the UN General Assembly, in resolution A/RES/64/184 asked the President of its 64th session, H.E. Dr. Ali Abdussalam Treki, to convene this informal hearings. The outcome of the hearings (a summary by the President of General Assembly) will thus constitute a formal input into the political process leading to summit itself. FIMA attended the meeting as an NGO observer. The themes of the four sessions were as follows;

- 1- Building a better tomorrow: local actions, national strategies and global structures.
- 2- Equal and inclusive partnerships: Accountability in the fight against poverty.
- 3- Sustaining development and withstanding crises.
- 4- From voice to policy: 1660 days left.

In September 2000, building upon a

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CIMCO annual meeting was held in Samarinda East Kalimantan Indonesia from 4-6 June 2010. Medical educationists attended the meeting from Pakistan, Malaysia, Indonesia, Yemen, Egypt, Jordan, and Saudi Arabia. More than 15 Deans or vice deans of different universities participated in this meeting while distinguish professors and medical teachers took active part in the proceedings of the two days workshop on Medical education an Islamic perspective. The long term aim is to bench mark criteria for an Islamic Medical Curriculum and peer accreditation among CIMCO affiliates first and other interested parties later. The participants presented 16 very valuable papers with elaborated discussion and active participation. The major issues covered were research (basic and clinical), Professionalism, Methodologies of inculcating Islamic input at different spirals and modules of curriculum, Tools of modification, ways and means to change from traditional teaching strategies to integrated strategies, how to make and implement changes, What changes are required

and how to implement changed curriculum, How to design and implement ethical module, ethics of educational process, preventive measures for dichotomies, Student's evaluation, program evaluation and Quality control and accreditation in medical education. At the end of the meeting, a round table discussion was held will representatives from all present (most represented by the Deans themselves) and the text of an was agreed upon MOU and signed. This will facilitate formal exchanges of staff, students, R&D and curriculum. The plan for next year was charted with time bounded targets and at the end all the members present in this meeting signed MoU for further cooperation at various levels among all member institutions. By signing this MoU further cooperation will be sorted at students, faculty and institutional level. It was also decided that a generic model of medical education will be formulated for the use of all members and minimum bindings will be essential to retain the membership of CIMCO. It was also decided that CIMCO will hold a full



CIMCO & IHC meetings (continued from Page 1)

day workshop during FIMA council meeting to be held on 19th to 29th September 2010 at Beirut. Where more elaborated work will be done on issues discussed in current issue. Dr AlyMeshal informed that FIMA year Book 2010 already in press and comprising seven articles from CIMCO and will be soon available as hard and soft copies. It was also realized that much work has been done by different institutions and needs to be relooked and should be available for member institutions. Some institutions need support from the others and it was also decided that all such assistance may kindly be encouraged and signing MoU is a step forward to this cooperation. The secretariat was asked to be more proactive in coordination and streamlining various issues. The executive Director FIMA emphasized that CIMCO should be our priority and we must come up with fresh ideas as well as consolidate our cooperation among the member institutions. One should not be in much hurry in obtaining immediate results of CIMCO performance rather patient, persistent, pursuant and prudent efforts are required to achieve the targets. It was also decided that a three days CIMCO symposium will be held in April 2011 at Islamabad.



FIMA delegates inaugurates Relief Project in Sumatra, Indonesia

Following participation in IHC and CIMCO seminars in Samarinda-Kilantan in the far east of Indonesia on June 4-6,2010, the FIMA delegates followed arrangements made by Prof. Jurnalís Uddin, President of YARSI, to attend the ground breaking of the FIMA-supported relief project in the earthquake destroyed village Lambeh, district of Pariaman in Sumatra in the far west of Indonesia. The small FIMA group included Dr. Aly Mishal, Dr. Abdel Karim Abu Samaha-Director of hospital at JUST University in Yemen & Prof. Jurnalís Uddin.

From the airport, a YARSI car took this delegation to the village, where they were touched by the warm reception of the villagers. Most men, women and children formed a large reception crowd with their local traditional dresses, religious songs with drums of local tradition... all amidst destruct left by the earthquake.

The ceremony included Qur'an recitation, religious songs and speeches by local representatives of villagers. Prof. Aly and Prof. Jurnalís Uddin made short speeches at the site of the construction project. Then they toured the construction area,

and participated in the ceremonial placement of stone and cement in the ground breaking.

The group lunch was served on the ground of the area of the earthquake destroyed Masjid.

The group was highly moved and touched by this group of villagers, in a remote, poor, destroyed district of Sumatra, Indonesia as the global support by FIMA relief and the local Indonesian generosity made this dream come true.

Appeal from the FIMA Relief Coordinator

Please donate generously to the completion and operation of the first FIMA orphans school in the devastated region of West Sumatra in Indonesia. With a little more than \$100,000-00 required to complete this project, let us dig deep into our pockets and steal the hearts of these young children whose prayers of appreciation will sustain you spiritually, Insha'Allah. Can we deliver this money to the developers (IMA Indonesia) by the start of Ramadhaan? We will only require \$10,000-00 from each of the major IMA's and their partners (IMAM, IMAKSA, IMASA, PIMA, IMANA, IMA Jordan, SIMA, IMA Egypt, MDDA) and \$5000-00 or less from the rest of our members. Together, we can make this happen! Jazakumallah Khair

Ashraf Jedaar



NATIONAL BREAST FEEDING AWARENESS WEEK: 21-27 June 2010

DRA. MAJID KATME (MBBCh, DPM)

SPOKESMAN: ISLAMIC MEDICAL ASSOCIATION, UK

TV Presenter(IQRATV) Broadcaster on these radios :CII, Unity FM, Spectrum

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In the Name of ALLAH (GOD), the Most Compassionate, the most merciful"and the mothers giving birth to their children should breastfeed them up to two years,if they want to complete the lactation period." (al qur'an : Chapter 2,verse 233) More than fourteen hundred years ago, before any medical knowledge on health values and the benefits of breastfeeding



was available, Islam recommended every mother to BREASTFEED her children up to the age of two years if the lactation period was to be completed.

Similarly, the final prophet Muhammad(peace be upon him) demanded that every mother BREASTFEED her child when he said:

"BREASTFEED your child even from the water of your eyes !". Evidence suggests that different prophets and the last prophet Muhammad(peace be upon them),were all breastfed. It is such a noble Divinely - inspired act to do that Islam allows a mother to be paid financially for breastfeeding if she so wishes!

However every Muslim mother will be paid by ALLAH as the prophet Muhammad(peace be upon him) has said: "...for every mouthful and for every suck,(the woman) receives the reward of one good deed..!" Today, as the slogan BREAST IS BEST is displayed in every clinic, we know that there are an increasing number of scientific and medical studies proving the great health and psychological benefits for both :mother and baby in breastfeeding.

Conversely,we are increasingly aware of the harm, damage and susceptibility to diseases affecting children who are bottle-fed: skin and allergic diseases,diarrhea,colic,gastro-intestinal diseases,

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Dr. Intizar Butt, the group leader of eight Eye Surgeons who performed 2000 unprecedented rather heroic eye surgeries in Nigeria was still left with a few moments of leisure to enjoy playing golf ----- people call them genies!!!!

obesity, kidney damage, lower IQ, cot death etc... It is also known that breastfeeding prevents the death of six million infants annually by giving them: greater resistance against infections and diseases, especially because of COLOSTRUM, in the first few days of breastfeeding, as it is highly nutritious and full of antibodies (giving the child: strong and permanent immunity against diseases: BEST IMMUNISATION..!). Breastfeeding is important for the psychological health of children helping them to grow up stable, mature, loving caring, and intelligent. It is essential for BONDING between mother and child and through skin-to-skin contact! Breastfeeding is very beneficial to the mother too for the followings: Lower chance of breast and ovarian cancer, less chance of obesity and osteoporosis, and it helps to bring back the womb to its natural size after childbirth. Latest medical reports and studies proved new benefits from Breastfeeding: Halving the death of children from sudden infant death syndrome (SIDS) Reducing HIV infections in the babies Reducing the risk of breast cancer, heart disease, stroke and Diabetes.. And the World Health Organisation (WHO) has replaced lately the standard child growth rate which was based on bottle fed babies, to a new



child growth rate which is based on breastfeeding as it is more accurate! Proper and full breastfeeding is one way of NATURAL FAMILY PLANNING if needed, and is ideal for spacing children (LACTATION AMENORRHEA/LAM). Breastfeeding is a HUMAN RIGHT for every woman! Breastfeeding is very ECONOMICAL and saves us a lot of money! UNICEF in Dhaka reported in 1996 that: Mother's milk can save

Bangladesh \$500 million per year! Breast milk is a natural wholesome pure healthy diet with the right formula and constituents to the child.. it is convenient, easy and at the right temperature! It is safe, easy to digest and is free! It is great for the environment and to save waste! If, for some reasons, the natural mother can not give her own milk, Islam recommends that a "wet nurse" (another lactating woman) to breastfeed her baby.. but precaution should be made to avoid the marriage between the children of both women/mothers later.

ALL MUSLIM WOMEN SHOULD BREASTFEED THEIR CHILDREN AND OBEY ALLAH AND THE FINAL PROPHET MUHAMMAD, FOR THE HEALTH BENEFITS FOR BOTH HERSELF AND HER CHILD IN THIS LIFE AND FOR THE HIGH REWARDS IN THE LIFE AFTER! ALL WOMEN OF THE WORLD SHOULD BREASTFEED THEIR CHILDREN FOR THEIR OWN SAKE, HEALTH HAPPINESS and SURVIVAL.. AND FOR THE SAKE HEALTH HAPPINESS and SURVIVAL OF THEIR OWN CHILDREN...!

Some Websites on BREASTFEEDING:

www.breastfeedingmanifesto.org.uk ,
www.abm.me.uk , www.breastfeeding.nhs.uk
www.breastfeedingnetwork.org.uk ,
www.lalache.org.uk ,
www.nctpregnancyandbabycare.com
www.ibfan.org , www.who.int



Mother; A soul to be cherished

Picture Gallery of FIMA 12th Students Camp 17 to 21 July 2010 at Al-Ain, Al-Sukhana, Egypt



Dr. Atallah, & Dr. Salih during the inaugural session



Dr. Salih Ansari delivering a lecture



Dr. Jasser making the introductory remarks & instructions



The participants in an open house discussion



The participants from Turkey & Saudi Arabia reciting their national anthem



The participants in an open house discussion



A group discussion session in progress



A lecture in progress on the day two

27th FIMA COUNCIL MEETING AND IMA (Islamic Medical Association of Lebanon Convention)

1- Kindly note that July 31st, 2010 is the last day for down payments. To guarantee hotel bookings, delegate has to pay \$100 for the first night which will not be refundable if cancellation is after August 31st, 2010. Failure to do so will be reservation upon request and might end in a non vacant room or a higher room rate. Please send the money via Western Union, to the attention of Dr. Fouad Youness Rifai, tel: +961-3-629224 / +961-1-736748 / +961-71-531796, and email us the MTCN Code (10 digit code number) of the payment.

2- Please contact the Lebanese Embassy or



consulate at your country to make sure about the visa issuance. To facilitate your visa, we can send you an invitation letter and/or a hotel booking confirmation in case you need them. The program finalized by IMA Lebanon and agreed by FIMA EXCO will be as follows.

Sunday September 19 Pre council EXCO Meeting.

Mon Tues September 20-21 FIMA Council Meeting.

Wed Thurs September 22-23 Scientific Conference.

Fri Sat September 24-25 Social Program

There will be a daily social program for spouses and families.

Venue: UNESCO Palace Beirut

Theme: The Health issues of people with special need.

Boarding and Lodging Arrangement: IMA Lebanon has finalized the hotel arrangements (ranging from US \$ 60 to US \$ 90 per person per day).

(Please contact Dr. Fouad Rifai, President IMA Lebanon,

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Remaining President Message

decade of major UN conferences and summits, world leaders came together at UN Headquarters in New York to adopt the UN Millennium Declaration, committing their nations to a new global partnership to reduce extreme poverty and setting out a series of time-bound targets - with a deadline of 2015 - that have become known as the Millennium Development Goals. The eight Millennium Development Goals (MDGs) which range from halving extreme poverty to halting the spread of HIV/AIDS and providing universal primary education, all by the target date of 2015 form a blueprint agreed to by all the world's countries and the entire world's leading development institutions. They have galvanized unprecedented efforts to meet the needs of the world's poorest.

"Eradicating extreme poverty continues to be one of the main challenges of our time, and is a major concern of the international community. Ending this scourge will require the combined efforts of all, governments, civil society organizations and the private sector, in the context of a stronger and more effective global partnership for development. The Millennium Development Goals set timebound targets, by which progress in reducing income poverty, hunger, disease, lack of adequate shelter and exclusion while promoting gender equality, health, education and environmental sustainability can be measured. They also embody basic human rights the rights of each person on the planet to health, education, shelter and security. The Goals are ambitious but feasible and, together with the comprehensive United Nations development agenda, set the course for the world's efforts to alleviate extreme poverty by 2015."

Dr. Parvaiz Malik, President FIMA

The 7th FIMA Students Omrah Program 17-22 April, 2010

The 7th FIMA Students Omrah Camp was a great success. It was hosted by IMAKSA / WAMY and attended by Participants from



IMAs of 7 Countries:

Malaysia, Turkey, Iraq, Indonesia, Jordan, Palestine and Saudi Arabia

Number of participants:

Malaysia 7, Turkey 4, Iraq 5, Indonesia 2, Jordan 4, Palestine 2, Saudi Arabia 7, Organizers 10, Total 50

Makkah Program: 16 - 18 April

After arrival and reception from Jeddah Airport, the group performed Omrah. The program included enjoying long stays in Al Haram Al Shareef.

Visit program was started on the first day to Ghar-e-Hiraa, Jabal Thowr, Jabalu Rahma in Arafat, Muzdalifah, Mina and Some of the old mosques and ancient castles, beside sport and cultural program the group enjoyed outside Makkah on the second day.

Madinah Program: 18 - 20 April

The group traveled from Makkah to Madinah by bus (500 km) through Hijra Road. The program started in AlMadinah Al Munawwarah on Monday evening and included Training & Cultural Program, Visits to King Fahad Complex for Printing the Holy Quran, Al Madinah Center for Studies that demonstrates the history of Medina and Makkah as well as field visits to major historical sites important in Serah Al Nabaweyyah like, Ohud, AlKhandaq etc beside free time in Al Haram Al Nabawi



On Thursday 21 April, the group traveled back to Jeddah for departure, leaving





President FIMA Dr. Parvaiz Malik attending the United Nations special interactive session on ECOSOC in New York on June 14-15, 2010.



Dr. Tanveer Zubairi, Secretary FIMA & Dr. Majid Katme (IMA, UK) having a meeting with office bearers of Muslim Aid UK on 20th July, 2010. The Muslim Aid Chief Executive Officer Syed Sharaf ud Din is on the extreme right. Muslim Aid UK is a partner to a number of IMAs in their humanitarian and medical relief projects.

STOP PRESS!

In order to get the approval of the CME committee in LOP which takes them one month to revert back to us, we need to have the abstracts with the mini c.v. for speakers who have not sent their documents. Kindly send your details immediately.

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behind sweet memories and a soul filled with divine fulfillment.

SOYDA arranged two days (10th and 11th of July 2010) free medical camp in DJIBUTI IDPs, Wadajir District, Mogadishu-Somalia.

FIMA Newsletter August-2010 issue:-In next issue articles on Ramadhan & Islamic Guidelines will be included.